

Our Favorite  
**RECIPES**



## “Top ‘O the Mornin’ Irish Oatmeal”

- 1 1/2 Cups Steel Cut Oats
- 4 Cups of Milk or Water
- 1/2 Cup Dried Cranberries or Dried Tart Cherries
- 1 Firm Apple Peeled & Cut into Large Chunks
- 1/2 Cup Flaherty's Hot Buttered Rum Mix

Spray crock pot with non-stick cooking spray (to help with clean up). Combine first 4 ingredients in Crock Pot and cook on low for 3-3.5 hours. Sprinkle Hot Buttered Rum Mix n during the last 20 minutes of cooking time. Store in refrigerator and use for a healthy Irish breakfast for the whole family!

